

APPENDIX 2

POSITIVE PRESENCE PROGRAM PLAN July 2024 to June 2025				
Calendar		SME-Team Meeting		Monthly Workshop
Month	Date	Week#	Agenda Discussion Topic	
M1 -- JULY 2024	3			
	10			
	17			
	24	Choose Executive Champion		
	31	Choose SME-Team		
M2 -- AUGUST 2024	7			
	14	W#1 Kickoff Meeting	Agenda#1 - Neuroscience	
	21	W#2Credentiailling Program		
	28	W#3 SME-Team	Agenda#2 - Brain Neuroplasticity	
M3 -- SEPTEMBER 2024	4	W#4 SME-Team	Agenda#3 - About the Positive	
	11	W#5		
	18	W#6 SME-Team	Agenda#4 - Stress	
	25	W#7 Workshop		SESSION 1-2
M4 -- OCTOBER 2024	2	W#8 SME-Team	Agenda#5 - Your Values	
	9	W#9		
	16	W#10 SME-Team	Agenda#6 - About the Negative	
	23	W#11 Workshop		SESSION 3-4
	30	W#12 SME-Team	Agenda#7 - A Positive Mindset	
M5 -- NOVEMBER 2024	6	W#13		
	13	W#14 SME-Team	Agenda#8 - Focus	
	20	W#15 Workshop		SESSION 5-6
	27	W#16 SME-Team	Agenda#9 - Dina's 3x3	
M6 -- DECEMBER 2024	4	W#17		
	11	W#18 SME-Team	Agenda#10 - Sharon's APB	
	18	W#19 Workshop		SESSION 7-8
	25	W#20 SME-Team	Agenda#11 - The knowledge Worker	
M7 -- JANUARY 2025	1	W#21		
	8	W#22 SME-Team	Agenda#12 - The Toxic Colleague	
	15	W#23 Workshop		SESSION 9, 11, 12
	22	W#24 SME-Team	Agenda#13 - Your Behaviour Profile	
	29	W#25		
M8 -- FEBRUARY 2025	5	W#26 SME-Team	Agenda#14 - Behaviour Flexibility	
	12	W#27 Workshop		SESSION 12-13
	19	W#28 SME-Team	Agenda#15 - Mindsight	
	26	W#29		
M9 -- MARCH 2025	5	W#30 SME-Team	Agenda#16 - Emotional Intelligence	
	12	W#31 Workshop		SESSION 14-15
	19	W#32 SME-Team	Agenda#17 - Heart Math	
	26	W#33		
M10 -- APRIL 2025	2	W#34 SME-Team	Agenda#18 - Mindfulness	
	9	W#35		
	16	W#36 SME-Team	Agenda#19 - Meditation	
	23	W#37 Workshop		SESSION 16-17
	30	W#38 SME-Team	Agenda#20 - Self-coaching	
M11 -- MAY 2025	7	W#39		
	14	W#40 SME-Team	Agenda#21 - Gratefulness	
	21	W#41 Workshop		SESSION 18-19
	28	W#42 SME-Team	Agenda#22 - Communication	
M12 -- JUNE 2025	4	W#43		
	11	W#44 SME-Team	Agenda#23 - Giving	
	18	W#45 Workshop		SESSION 20-21
	25	W#46 SME-Team	Agenda#24 - Positive Presence vs Lean Philosophy	